

FEMA recommended emergency supply kit

The Federal Emergency Management Agency educates Americans to take some simple steps to prepare for and respond to potential emergencies.

Please visit their website for more information: [FEMA.org](https://www.fema.org)

- Water: one gallon of water per person per day for at least three days for drinking and sanitation
- Food: at least a 3-day supply of non-perishable food (and don't forget your pets)
- Battery-powered radio
- Flashlights and extra batteries
- First Aid kit
- Whistle to signal for help
- Moist towelettes, trash bags and ties for personal sanitation
- Coolers and empty gas cans (if traveling)
- Can opener for food (if kit contains canned food)
- Local maps
- Prescription medications and glasses
- Infant formula and diapers
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Emergency reference material such as a first aid book or info from www.ready.gov
- Sleeping bag or warm blanket for each person.
- Complete change of clothing (enough for 5 days) including a long sleeved shirt, long pants and sturdy shoes.
- Household chlorine bleach and medicine dropper: When diluted 9-parts water to 1-part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16-drops bleach per 1-gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children

